

TANDOOR CHEF ROASTED EGGPLANT NAAN PIZZA



Suggested retail: \$2.99 for 8.9-ounce pizza

Per ½ pizza: 278 calories, 12 g fat, 490 mg sodium, 33 g carbohydrates

Eggplant pizza — the combination might sound odd, but the flavors are perfectly in sync.

Leavened bread is the base of this clay oven-baked, Indian-style vegetarian pizza.

The breaded, roasted eggplant is tender and sweet, the perfect complement to the flavors of basil, garlic, onions and tomato.

Cooking time is 10 to 12 minutes at 450 degrees on the center oven rack. The directions suggest placing the pizza directly on the oven rack.

For a softer crust, you can use a cookie sheet; just add a few minutes to the heating time.

Tandoor Chef Naan Pizzas also are available in margherita, cilantro pesto and spinach, and paneer cheese varieties.

They are available in the frozen food section of Whole Foods.

